# **Medical Implants**





3.5mm Malleolus Plate Surgical Technique



## **Medical Implants**

Astrolabe recognizes that proper surgical procedures and techniques are responsibilities of medical professionals.

The following guidelines are provided for information purposes only. Each surgeon must evaluate the appropriateness of the procedures based on their medical training, experience and condition of the patient. Before using the system, the surgeon must consult the operating instructions for additional warnings, precautions, indications, contraindications and adverse effects.

# 3.5mm MALLEOLUS PLATE SYSTEM





#### 3.5mm Malleolus Plates System

 Malleolus Plate System consists in distal/ lateral, pre shaped anatomic plates, with rounded edges, with 5, 6, 8 and 10 holes, which can be fixed by Locking Screws and / or Cortical Screws.

#### 3.5mm Malleolus Plates



# 3.5mm Malleolus Plates - Screws Set









3.5 mm CORTICAL SCREW 3.5 mm LOCKING SCREW Ø3.5 mm Cannulated Screw, Partly Threaded Ø3.5 mm Cannulated Screw, Fully Threaded



## 3.5mm Malleolus Plates System

#### **Indications**

Malleolus Plate Plate System is recommended for distal and lateral fractures of malleolus bone, Type B/C and can be associated to the ø3.5 mm Cannulated Screws, Partly and Fully Threaded.



## Surgical Technique

 After choosing the appropriate plate, position it over the fracture and fix provisionally with a Cortical Screw, using appropriate Drill Bit (item 01/03) to drilling.



 The screw measure can be obtained by reading on the Depth Gauge (item 11).





#### Surgical Technique

 Use the Handle (item 07) and Shaft Screwdriver (item 10) to position the screw.



#### **Locking Screws Positioning**

 Properly place the Threaded Graduated Drill Guide (item 08) by turning it into the threaded hole, then proceed with drilling using the Drill Bit (item 01/03).



#### Attention:

To ensure the perfect fit and low profile of the Locking Screws on the plate, the Threaded Graduated Drill Guide (item 08) must be used.

If there is any damage to the threaded hole of the plate, the Locking Screws must be replaced by Cortical Screws.

### Surgical Technique

 The reading of the screw measurement can be made directly on the Graduated Drill Guide (item 08) or using the Depth Gauge (item 11).





 Use the Handle (item 07) and Shaft Screwdriver (item 10) to position the screw.



- The placement of the screws procedure is repeated as many times as necessary, for optimal fixation of the plate.
- Proceed with x-ray to check if final position is according to initial intention.



#### *Instruments*

Drill Bit, Ø2.5 x 120 mm, Stop 50 mm, AO Coupling, Yellow Code

Cod.: 09.01.03.25020

Drill Bit, Cannulated,

02 Øext. 2.5 x Øint. 1.4 x 95 mm, twist length

30 mm AO Coupling

Cod.: 09.01.04.25095

Drill Bit, Ø2.5 x 125 mm, Stop 50 mm,

Stryker Coupling, Barrel Ø4.5 mm,

Yellow Code

Cod.: 09.01.07.25021

Drill Bit, Cannulated,

Øext. 2.5 x Øint. 1.4 x 95 mm

twist length 30 mm

Cod.: 09.01.10.25095

Countersink, Cannulated, Ø3.5 mm,

AO Coupling

Cod.: 09.02.02.35000

Tap, Cannulated, Ø3.5 mm,

AO Coupling

Cod.:09.03.03.35000

Handle, Cannulated,

AO Coupling, 120 mm, Yellow

Cod.: 09.04.04.12020

**Graduated Drill Guide** 

Ø2.5 x 40 mm, Threaded

Yellow Code Cod.:09.05.14.04025

Shaft Screwdriver, Cannulated,

09 Torx-10, 90 mm, AO Coupling,

Yellow Code

Cod.: 09.07.08.10092

Shaft Screwdriver

Torx-10, 90 mm, AO Coupling

Yellow Code

Cod.: 09.07.04.10092

Depth Gauge, 60 mm

1 Cod.: 09.08.01.00060

Gauge 90 mm, Direct Measuring

for Wire 150 mm, Ø up to 1.6 mm

Cod.: 09.08.02.14040

Plate and Screw Holding Forceps

Angled, 150 mm

Cod.: 09.10.06.00150



# 3.5mm Malleolus Plate Surgical Technique

Rua José Gomes Ferreira nº 2 - Armazém 1 2660-517 São Julião do Tojal, Loures, Portugal **Tlf.:** (+351) 219 672 298 | <u>info@astrolabe-medical.com</u>

www.astrolabe-medical.com